

## CRISIS SERVICES

### North York/ Etobicoke:

- Mental Health crisis response program 416-498-0043, Provided by St. Elizabeth Health Care 24 hours/ 7 days
- St. Joseph's Hospital Mobile Crisis Team via Police Department (911) 24/7 service, accessible through police (no direct number).

### Toronto:

- Gerstein Centre Crisis Line - 416-929-5200, 24 hours/ 7 days
- Professional Referral Line - 416-929-9897, Mobile unit service borders: south to the lake, north to Eglinton, east to Bayview to Danforth and then to Victoria Park, west to Jane St.
- St. Mike's Hospital Mobile Crisis Team via Police Department (911), 24/7 service, accessible through police (no direct number).

### Scarborough/East York:

- Scarborough Hospital Regional Mobile Crisis Team 416-495-2891.

24 hours/ 7 days

To book an urgent outpatient appointment with the Crisis Program, call the number above and a Crisis professional will direct you to the appropriate service.

### York Region:

- Community Crisis Response Service, Distress Centre, 905-310-COPE (2673)

### Peel Region:

- Mobile Crisis of Peel 905-278-9036, 24/7 day crisis response for the Peel Region (Mississauga, Brampton, Caledon.) immediate telephone support emergency or respite housing and hospitalization if needed
- Credit Valley Hospital – Mobile Crisis Team 905-813-4141. Hours: Monday-Friday, 9:00 a.m. to 11:00 p.m. and Saturday, Sunday and Statutory holidays, 11:00 a.m. to 11:00 p.m.

### Hamilton:

- St. Joseph's Hospital Crisis Outreach and Support Team (COAST), 905-972-8338 24-7 service

### Durham:

- Durham Crisis Services – Mobile Team 905-666-0483, 24 hrs/ 7 days; 8 crisis beds available.

### Halton:

- Crisis Outreach and Support Team (COAST) 1-877-825-9011.

### Barrie/Simcoe Region:

CMHA Mental Health and Addiction Services of Simcoe County  
 Referral Contact Information:  
 Phone 705-728-5044  
 Toll-Free 1-888-893-8333

## MEDICAL ASSISTANCE

### **Trillium Drug Program (TDP)**

The TDP helps people who have high prescription drug costs relative to their household income. It covers all drugs approved under the Ontario Drug Benefit (ODB) program.

Tel : 416-642-3038

E-mail : [trillium@ontariodrugbenefit.ca](mailto:trillium@ontariodrugbenefit.ca)

### **Health Gateway**

Health Gateway is an online resource for people living with complex chronic illnesses and episodic disabilities. (Episodic disabilities may include: arthritis, multiple sclerosis, diabetes, HIV/AIDS, some forms of mental illness, and cancer).

“Health Gateway provides access to different sources and formats of information on topics that could potentially impact anyone living with a complex or episodic health condition such as: housing, money, jobs, equipment and devices, self-care, caregiving, coping and peer support.”

<http://healthgateway.ca/> (Only online access)

### **Health Care Connect**

For assistance in locating a Family Health Care Practitioner (Physician or Nurse Practitioner) accepting new patients. Please call to register.

Monday to Friday, 9:00am to 5:00pm.

**1-800-445-1822**

### **Navigating The Health System**

<http://www.thehealthline.ca/>

### **Mental Health System Navigation**

**Mental Health Helpline:** 1-866-531-2600

**Drug & Alcohol Helpline:** 1-800-565-8603

**Ontario Problem Gambling Helpline:**  
 1-888-230-3505

## SCHEDULE 1 FACILITIES

<b>Ajax</b>	Rouge Valley Health System
<b>Barrie</b>	Royal Victoria Hospital
<b>Belleville</b>	Belleville General Hospital
<b>Brampton</b>	William Osler Health Centre Brampton Civic Hospital
<b>Brantford</b>	Brantford General Hospital
<b>Brockville</b>	Royal Ottawa Health Care Group Brockville Mental Health Centre
<b>Burlington</b>	Joseph Brant Memorial Hospital
<b>Chatham</b>	Public General Hospital Society of Chatham
<b>Guelph</b>	Homewood Health Centre Inc. Hamilton Health Sciences Corporation Hamilton General Hospital McMaster University Medical Centre St. Joseph's Health Care System
<b>Kingston</b>	Hôpital Hôtel-Dieu /Hôtel-Dieu Hospital Kingston General Hospital Kingston Providence Continuing Care Centre
<b>Kitchener</b>	Grand River Hospital
<b>Lindsay</b>	Ross Memorial Hospital
<b>London</b>	Regional Mental Health Care St. Joseph's Health Care London Health Sciences Centre
<b>Markham</b>	Markham Stoffville Hospital
<b>Mississauga</b>	Credit Valley Hospital Trillium Health Centre
<b>Newmarket</b>	Southlake Regional Health Centre
<b>Niagara Falls</b>	NHS - Greater Niagara General Hospital
<b>Oakville</b>	Oakville-Trafalgar Memorial Hospital
<b>Orillia</b>	Orillia Soldiers' Memorial Hospital
<b>Oshawa</b>	Lakeridge Health - Oshawa Site
<b>St. Catharines</b>	NHS- St. Catharines General Site
<b>Toronto</b>	Centenary Health Scarborough Hospital North York General Hospital Humber River Regional Centre for Addiction and Mental Health Baycrest Hospital William Osler Health Centre Mount Sinai Hospital Trillium Health Centre - Queensway Site St. Joseph's Health Centre St. Michael's Hospital Sunnybrook Health Sciences Centre Toronto East General Hospital Ontario Shores Centre for Mental Health
<b>Whitby</b>	